

A Cry About Systemic Racism!



What is Systemic Racism?

Systemic racism refers to racism that operates on an institutional level that has major societal implications. This could be in the form of legislative systems such as laws, regulations, and policing or social systems such as higher education and corporate hiring. Systemic racism aids in fostering a culture of discrimination in which white is considered to be superior and other racial groups are negatively affected.

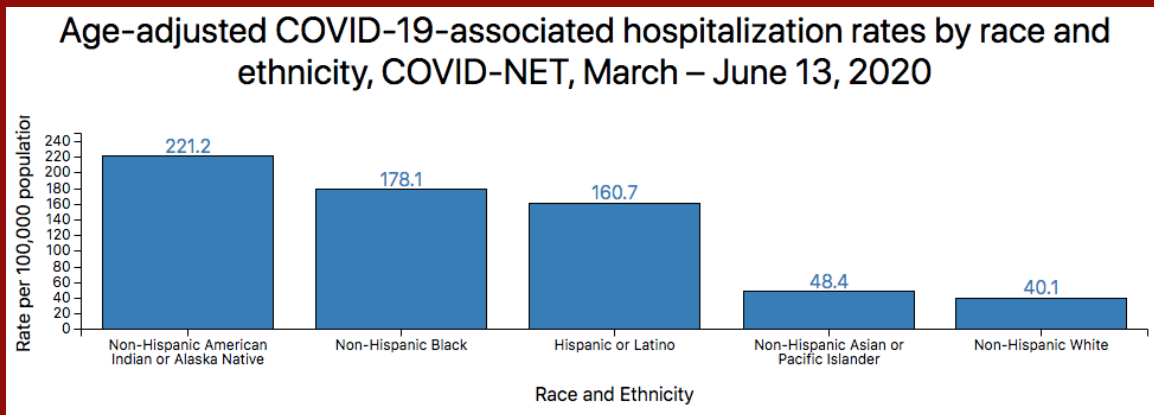
Systemic racism differs from individual racism in that it can't always be tangibly measured. Individual racism can be clearly measured because an individual is committing an act of racism against you that you are able to clearly observe/feel. The premise of systemic racism is that the United States, in its conception, was created as a racist society thus meaning that racism has become embedded in our societal institution, structures, and relations. The most common examples of such institutionalized racism are policing, the effects of redlining, and workplace representation.

MAIN TOPICS

- Systemic Racism(1)
- Effects of COVID-19 on POC communities (2)
- June 27 Community Discussion (2)
- Mentor Insider (3)
- Intern Spotlight (3)
- Special Discussion on June 30th (4)
- Upcoming Events (4)

Effect of Covid-19 On The POC Community

Largely due to social and systemic health inequalities, racial and ethnic minority groups are at increased risk of contracting Covid-19 or experiencing severe illness, regardless of age. According to the CDC, “as of June 12, 2020, age-adjusted hospitalization rates are highest among non-Hispanic American Indian or Alaska Native and non-Hispanic black persons, followed by Hispanic or Latino persons.” The reason for such disparities in the effects of Covid-19 can be attributed to historical and current inequitable conditions such as housing, healthcare, and education that results in greater impact on POC communities.



Community Discussion on Racism 6/27

We were so lucky to have Sara Mou, Sasha Spencer, Dr. Liu, and Council member Gossett be present as panelists within the discussion to share their own views and experiences with racism.

During the discussion our audience had the opportunity to understand reasons for supporting Black Lives Matter, common cases of racist actions against POC Communities, and ways to help with communicating systemic Racism with parents and family members.

Thank you to all the panelists for sharing their expertise, your experiences and thoughts were truly insightful!



Special Guests

Community Discussion (6/27)

Sara Mou

Sasha Spencer

Dr. Liu

Council member Larry Gossett

Special Discussion (6/30)

Dr. Albert Wang



Photo of Council Member Gossett

Mentor Insider

Mentor: Ben

What were your takeaways from the 9/27 discussion?

It was interesting to understand the differences in racial experiences between African Americans and Asian Americans. With Sara and Sasha's own experiences, opinions, and stories I obtained a deeper understanding of the daily experiences that Black folks faced with race. Having Dr. Liu and Council Member Gossett share their anecdotes and personal experiences on racial experiences in both past and present events added even more evidence.

What did you think about the micro-aggression section of the discussion?

The discussion gave me insight on the need to self-police my own thoughts, I need to make sure I am respecting the other individual within my thoughts and actions as well.

What are some ways you would advise others in communicating systemic racism to your own family?

Helping your parents understand the importance of systemic racism and why Black Lives Matter are two ways to help your family start their understanding of racism in our current society.



Interns Spotlight

Intern: Hui Xie

Experience so far: Everyone has a lot of insight and it's easy to share my personal views without being judged.

The most meaningful experience so far: APAPA has a lot of diversity in the group and because of that, I'm able to really think about some of the questions that are asked.

What are you most excited for: To make friends that will enlighten me with their unique views. I enjoy learning about new events as a group and I wish to learn more while having an interactive conversation.

Special Discussion (6/30)

After the Community Discussion on June 27th, the Seattle APAPA chapter held a discussion on Societal Systemic Racism, Questioning of whether race was still prevalent towards today's society, ways to prevent micro-aggressions, and finally how we can spread awareness to others within our society.

We were able to discuss these situations and questions with Dr. Albert Wang, who gave his own opinions regarding these social—racial—issues. With that we would like to thank him for sacrificing his time to debate with us on these topics.

Upcoming Event

On **July 25th, 2020** we will be hosting a public event on the reasons for **defunding the police**.

During the event we will be having Senator Manka Dhingra, from Pierce County, speak with us about the pros, cons, and results of Defunding the police.

We wish for everyone to consider to participate in this event!

Citation

Alvarez, Brenda. "COVID-19 and the Impact on Communities of Color." *neaToday*, 24 Apr. 2020.

Cole, Nicki Lisa. "Definition of Systemic Racism in Sociology." *Thoughtco*, 11 June 2020.

"COVID-19 in Racial and Ethnic Minority Groups." *CDC*, 25 June 2020.

O'Dowd, Mary Francis. "Explainer: what is systemic racism and institutional racism?" *The Conversation*, 4 Feb. 2020.

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